## What is claimed is:

 A method of conveying a high-speed digital data stream, comprising the steps of: encoding the data stream into two-pulse duplets having a first and a second pulse for each bit of the data stream; and

transmitting a carrierless ultra wideband signal via an antenna, said ultra wideband signal including said duplets.

- 2. The method of claim 1, wherein said encoding step further comprises setting a phase difference between the first pulse and the second pulse to  $\Pi/2$ .
- 3. The method of to claim 2, wherein said encoding step further comprises the steps of: encoding a cos(wt) for a 1 bit during a first sub-pulse time slot and then a sin(wt) signal second sub-pulse time slot; and

encoding a sin(wt) during a first sub-pulse time and then a cos(wt) in a second sub-pulse time slot.

4. The method of claim 3, wherein:

said encoding step further comprises the steps of combining the encoding with at least one of pulse position modulation and multi-band modulation.; and

within each band, employing at least one of time, amplitude and phase modulations.

- 5. The method of claim 4, further comprising the step of using a pseudorandom frequency sequence to provide sufficient reduction of multi-user interference.
- 6. The method of claim 2, further comprising the step of receiving said carrierless ultra wideband signal with a non-coherent receiver.
- 7. The method of claim 2, further comprising the step of decoding said high-speed digital data stream into a bit stream from said two-pulse duplets included in said received carrierless ultra wideband signal.

. 8.4 A high-speed digital data stream embodied in a carrierless ultra wideband signal including two-pulse duplets representing each bit of said data stream, comprising:

at least one data type selected from the group consisting of video, audio, text, image, and data; and

said two-pulse duplets each having a first pulse and a second pulse with a phase difference between the first pulse and the second pulse of  $\Pi/2$ .

- 9. A high-speed digital data stream embodied in a carrierless ultra wideband signal according to claim 8, wherein said signal controls at least one device selected from the group consisting of video equipment, audio equipment, sensors, alarms, computers, audio-visual equipment, and entertainment systems.
- 10. A high-speed digital data stream embodied in a carrierless ultra wideband signal including two-pulse duplets representing each bit of said data stream, comprising network traffic to or from a wireless node of a network, wherein said two-pulse duplets each have a first pulse and a second pulse with a phase difference between the first pulse and the second pulse of  $\Pi/2$ .

## 11. A non-coherent receiver, comprising:

an antenna that receives a carrierless ultra wideband signal conveyed using the method of claim 2 and that includes two-pulse duplets representing each bit of a high-speed digital data stream;

- a wideband band-pass filter that filters the received signal;
- a low-noise amplifier (LNA), coupled to said band-pass filter, that amplifies said filtered signal;
- a gain unit that performs one of amplifying and reducing the signal output by the LNA to an appropriate level;
- a bank of voltage controlled oscillators (VCOs) that locally generates a free-running sinusoidal waveform;
- a mixer that multiplies the output of the gain unit with the sinusoidal waveform to result in a mixed waveform;
- a low pass filter through which the resulting mixed waveform is passed to produce a lo-pass signal; and
- a demodulator that converts each two-pulse duplet of the low-pass signal to a single pulse for each bit transmitted via the phase of the low-pass signal.

- . 12. The receiver of claim 11, wherein said received signal further comprises additional bits per pulse that were encoded in the signal using pulse position modulation (PPM).
- 13. The receiver of claim 11, wherein the demodulator converts each two-pulse duplet into a single pulse that is independent of frequency and phase mismatches.
  - 14. The receiver of claim 11, wherein:

said carrierless wideband signal is a multi-band signal;

an expected center frequency of the received carrierless wideband signal is known in advance; and

the frequency of the VCOs is set equal to that of the received carrierless wideband signal.

- 15. The receiver of claim 14, wherein the frequency sequence of the received carrierless wideband signal is established by transmission of one of (1) a preamble and (2) a known reference sequence for a short period of time.
- 16. The receiver of claim 15, further comprising at least one of a RAKE receiver and a receiver based on equalization that processes said received signal and outputs a signal that is combined with the output of the non-coherent signal to produce each bit of the high-speed data signal.